

# COVER NOTE JANUARY 2005

A Monthly Publication of the



**COVER NOTE EDITOR**

Margie Scott

Nancy Burgos, Committee

Insurance Women of Los Angeles

P O Box 481294

Los Angeles, CA 90048



**COLLECT**  
**For Insurance Women**

Take us, O God, under Thy divine protection.

Make us to act as Thy messengers for peace  
and contentment, for harmony and  
understanding.

Grant that we may see more clearly the point  
of view of other men and women in all lines  
of insurance.

Realizing the highly competitive nature of  
our business,  
teach us to respect competition at all times.

Keep us free from pettiness and unwise  
discrimination.



Let us do our work willingly, honestly and  
thoroughly, giving service graciously at all times.

Teach us, O Lord, to know and to realize  
that by  
Thy grace we can live in perfect peace with one an-  
other.

And grant that through this organization we may  
become closer in friendship and understanding.  
Amen.

# January

**January Birthstone: Garnet**  
 The Garnet is the symbol of constancy and fidelity.

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p><b>Flower of the Month - January</b></p> <p>January Flower: Carnation and Snowdrop</p> <p>January 29th is Carnation Day</p>						<p>1 </p> <p>New Year's Day</p>	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
					Arrangement Deadline		
16	17	18	19	20	21	22	
	Martin Luther King Day		Board & Dinner				
23	24	25	26	27	28	29	
	Cover Note Deadline						
30	31	happy birthday					
						VICTORIA LOVINGGOOD - 20 <sup>th</sup>	

**2005**

# **INSURANCE WOMEN OF LOS ANGELES**

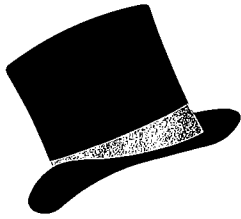
**January Board & Business Meeting**

**Will be held on**

**January 19, 2005**

**Come and Meet our**

**Webmaster**



**TIME: 5:30 PM – BOARD MEETING**

**DINNER: 6:15 PM –**

**Call Cynthia Andrachick for menu choices**

**Sunroom at the Paradise Café, adjacent**

**To the Beverly Garland Holiday Inn**

**4222 Vineland Avenue, N. Hollywood**

**Phone: (818) 985-6567**

**Cost \$27.00 per Person**

**Includes Hosted Parking**

**RSVP To Arrangements Chairman:**

**Cynthia Andrachick @ (818) 464-9365**

**Reservation Deadline: January 14, 2005**

**Note: If you are on the standing reservation list,**

**You must call to cancel**

**No-shows will be billed. This includes members and**

**Non-members.**

## JOB LINE



**Contact Margie Scott**  
**m\_scott@wwfi.com**  
**Worldwide Facilities, Inc**  
**3530 Wilshire Blvd,**  
**Los Angeles, CA 90010**  
**(213) 401-4159**  
**FAX (213) 384-5180**

### **Did You Know?**

How many days in a millennium? The calendar system that was in use during a particular millennium determines the actual number of days that elapse during that time span.

- The First Millennium (1 - 1000 AD) consisted of 365,250 days.
- The Second Millennium (1001 - 2000 AD) consisted of 365,237 days.
- Our current Millennium (2001 - 3000 AD) will consist of 365,242 days.



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**PARLIAMENTARIANS**

By Appointment

## NAME BADGE NOTICE

Effective at the August 18, 2004 Business meeting, name badges must be worn at business meetings. If you are in violation you will be fined \$ 1.00.

To order a badge, please see Vicki Huff, cost will be \$ 6.00.

### January Humor

T'was the month after Christmas, and all through the house,  
nothing would fit me, not even a blouse;  
The cookies I'd nibbled, the eggnog I had to taste,  
at the holiday parties had gone to my waist;

When I got on the scales there arose such a number!  
When I walked to the store (less a walk than a lumber),  
I'd remember the marvelous meals I'd prepared,  
The gravies and sauces and beef nicely rared;

The wine and the rum balls; the bread and the cheese,  
and the way I'd never said, "No thank you, please."  
As I dressed myself in my husband's old shirt,  
and prepared once again to do battle with dirt,  
I said to myself, as only I can,  
"You can't spend a winter disguised as a man!"

So, away with the last of the sour cream dip.  
Get rid of the fruit cake, every cracker and chip.  
Every last bit of food that I like must be banished,  
'til all the additional ounces have vanished.

I won't have a cookie--not even a lick.  
I'll want only to chew on a long celery stick.  
I won't have hot biscuits, or corn bread, or pie,  
I'll munch on a carrot and quietly cry.

I'm hungry, I'm lonesome, and life is a bore,  
But isn't that what January is for?  
Unable to giggle, no longer a riot.  
Happy New Year to all and to all a good diet!

Author Unknown  
Compliments of RTA

**Subj: 2005 Region VIII Conference - President's Luncheon**

**"Live...Love...Learn."**

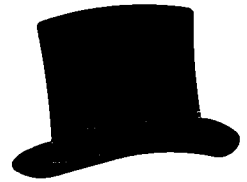
Let's help foster a love of reading for disadvantaged children in our local community. We encourage you to bring a new children's book to the President's Luncheon which will be donated to "The Wonder of Reading," an organization that funds libraries and distributes books to public schools and students. We are seeking new books because these students are so unaccustomed to receiving something brand new just for them. Bring a book you loved as a child and share the wonders of reading!

This is a wonderful way to support NAIW's community focus "Partners in Literacy".

Please share this message with your fellow NAIW members.

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South Bay Chapter of NAIW, Host Association  
2005 NAIW Region VIII Conference



**Thoughts...**

Inspiration &  
Motivation

Life's short. If you don't look around once in a while you might miss it.



**A Little Bit of Humor...**

A celebrity is someone who works hard all his life to become known and then wears dark glasses to avoid being recognized.



# SAFETY:

## Tips and Advice to Avoid Dangerous Situations.



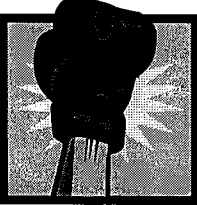
### General:

- If you see or sense problems on your way, just change your route and - prepare to run or defend yourself
- Do not wear conspicuous jewelry when you are walking on the streets alone
- Do not hitchhike, use buses or taxis instead
- Do not act or look like an easy target - look confident!
- Most "fights" are won before they start, and aggressors will back down if you maintain eye contact and are not intimidated by them.

### Public transport:

- Remember, there is usually safety in numbers. Wait in a coffee shop or in a well lit area for the public transport to arrive
- Don't choose the window seat as you may be "blocked in" by a potential assailant; always choose an aisle seat for quick exit
- After peak hours, always choose the train compartment carrying the most passengers or the compartment directly behind the train driver
- On buses, sit behind the driver or next to the door for quick exit.

### Motor vehicles:

- Danger areas are stepping out of your car either at home or in isolated areas, and also walking to your car
  - Always approach your vehicle with the keys ready
  - Windows should be up and doors locked even when driving to avoid unwanted passengers at intersections. (Please note that this conflicts with quick entering and exit procedures in the event of an accident)
  - Always check your car before entering
  - Never leave your car unlocked, even for the few minutes it may take you to return a video, buy milk and so forth. Attackers have been known to lie in wait for such an opportunity.
  - Never get into a car even if someone is pointing a knife or a handgun at you from inside. Just start to run away from the car screaming at the same time. It's much more likely that he will drive away to find an easier target than attacking or killing you. But if you get into the car, he has a much better opportunity to drive to a quiet place and start to abuse you and later maybe kill you.
  - Never pull your car over from a quiet road even if someone drives alongside your car pointing at the tyres etc. Always continue driving to a well-lit and crowded area before exiting your car. The problem might be a bluff and the driver wants you to stop at the side of the road to "help" you without a reason.
  - Always be alert in parking lots, especially when it's dark. If you are afraid, don't be too shy to ask someone to escort you to your car. Between cars and inside cars, it's easy for someone to hide and wait until an unalert person comes along.
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