

IWLA Cover Note

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www.naiw.org – our national page
www.cacouncilnaiw.com – our state page
www.insurancewomenla.org – our local page
www.inssfa.org – our national education foundation page

Insurance Women of Los Angeles
 P.O. Box 481294
 Los Angeles, CA 90048
 Victoria Lovinggood, Editor



President's Corner

Cathryn Feely
 President



Dear Members and Friends:

January was an Excellent Month for a variety of reasons! At our Business Meeting on January 18th, our guest speaker, attorney Laurence Jackson, gave a very interesting presentation on Business Litigation and the necessity of always having a solid plan in place when it comes to litigation whether or not it is covered by insurance.

We are very excited to welcome **5** new members who joined IWLA at this meeting:

Leticia Acosta **Peggy Brennan** **John Boyle**
Jude Gavin **Sharon Henderson**

We look forward to their ideas and active participation in our association. Our thanks go out to Marilyn Cartrett and Gail McKenzie who brought them to us. The White Elephant Auction brought in \$363.00, thanks to the persuasive Marci Barrett who conducted it. She almost had us believing that some of those fancy paper gift bags could double as purses. Our thanks also go out to Marion Graham who conducted our 50/50 drawing, which raised \$51.00.

In the true spirit of Fellowship- The Insurance Women of Fresno generously contributed \$500 to IWLA for the **2008 State Meeting** that we are hosting. Last September at the 2005 State Meeting in Fresno, it just seemed so far away when IWLA made the decision to play host in 2008. This check was just the galvanizing spark we needed, so many thanks again to IWOFF for thinking of us.

I want to take this opportunity to acknowledge our retired members both near and far and Friends of IWLA. They are retired from the work force, but still maintain their membership with our association, attend meetings, CE Classes and continue to provide a vital contribution to IWLA and NAIW. Their knowledge, input and years of experience are valuable to us and we want you to know how much we appreciate all of you.

We have some busy months ahead. Let us hope they are all as promising as January was. We would like to see lots of IWLA members at the **2006 Annual Region VIII Conference** in Las Vegas being held in March, so if at all possible, please do join us.

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President's Corner

Continued from page 1

CONGRATULATIONS...

Go out to **Darlene "Chris" Lipka**, who is retiring from Farmer's Insurance after 40 years of loyal service. She has assured us however, that she is not retiring from IWLA and will continue to be actively involved.

Go out to **Victoria Lovinggood**, who won the January Birthday Gift Drawing.

Go out to **Jude Gavin**, one of our brand new members, who won \$51.00 in the 50/50 drawing.

REMINDERS/ UPCOMING EVENTS

2006 NAIW Region VIII Conference- Early Bird Registration is due by **February 1st, 2006**

Executive Board Meeting- Takes place at Hoffman Brown Company Wednesday, **February 8th, 2006 at 5:30 PM**. The 2008 State Conference Meeting will immediately follow that.

Business Dinner Meeting- Takes place **February 15th, 2006**. February has been designated **Legislation Month** and our guest speaker will present on the topic of Sexual Harassment.

Insurance Women of Fresno's Annual Casino Night & Speakeasy Ball- Takes place **February 17, 2006 from 6:00 PM-10:00 PM**.

18TH Annual Combined Claims Conference-Takes place **3/14-3/15/2006** at the Pacific Palms Conference Center in the City of Industry, California.

In Fellowship,

Cathryn

Member Updates

Member Updates is a column to spotlight the accomplishments of our members. If you have received a promotion or a new designation you wish to share, please contact editor Victoria Lovinggood so that your accomplishments can be included in the newsletter.

The following members have accepted positions on committees for the upcoming 2006 Region VIII Meeting in Las Vegas, NV:

Marilyn Cartrett, Tellers Committee

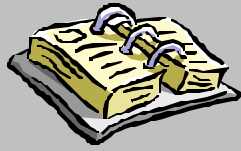
Cover Note Reminder

All submissions for the March Cover Note are due no later than Friday, February 17, 2006 to the editor, Victoria Lovinggood.

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Calendar of Events



February is Legislation Month

February 8, 2005

Board Meeting, 5:30 P.M.
Hoffman Brown Company

February 15, 2005

Dinner Meeting (Please contact Cynthia Andrachick at 818-464-9365 for more information)
4222 Vineland Ave, North Hollywood, CA

Safety News

Nancy Burgos
Safety Committee Chairman

Ski and Snowboard Safely

Downhill skiing and snowboarding can be an exhilarating experience but, as with any sport, safety should come first. Excess speed and loss of control are the primary factors associated with snow skiing fatalities, according to a study reported in *The Physician and Sportsmedicine*, February 1989. The study also states that more than three-fourths of ski-related deaths occurred after collisions with stationary objects, such as trees and lift towers. Head injuries were cited most often as the cause of the fatalities. The National Safety Council strongly advises novice and experienced skiers and snowboarders to learn or reacquaint themselves with the proper skills and safety techniques.



Continued on page 4

2005 – 2006 IWLA BOARD AND COMMITTEE CHAIRMEN

EXECUTIVE BOARD

President: Cathryn Feely
President Elect: Lily Gastelum, CISR, CPIW
Vice-President: Mitula Patel
Secretary: Gail McKenzie
Treasurer: Deborah Paladino, CIC, CPIW
Covernote Editor: Victoria Lovinggood
Immediate Past President: Susan Fife, CPIW, CPCU, AAM, AIS, AIM, DAE
Directors: Cynthia Andrachick, CPIW
Vicki Huff
Darlene "Chris" Lipka
Marci Barrett

COMMITTEE CHAIRMEN

Advertising: Gail McKenzie
Arrangements: Cynthia Andrachick, CPIW
Audit: Susan Fife, CPIW, CPCU, AAM, AIS, AIM, DAE
Budget: Deborah Paladino, CIC, CPIW
Bylaws: Mitula Patel
Community Action: Rhea Meshekow
Education: Andrea Gable-Setterstrom
Marion Graham
Finance: Christine Chandler-Tillett
Jobline: Victoria Lovinggood
Legislation: Marci Barrett
Membership: Marilyn Cartrett
Programs: Darlene "Chris" Lipka
Public Relations: Lily Gastelum, CISR, CPIW
Safety: Nancy Burgos
Website: Mitula Patel
Secret Pal: Vickie Huff



Shaping-up for the season

Poor physical condition can be a contributing factor in skiing and snowboarding injuries. Being in good condition before attempting a strenuous sport will increase your enjoyment, reduce fatigue and help avoid injury.

Getting in shape does not mean a "crash course" of exercising one week before a trip. A regular routine of exercise to strengthen muscles that will be used more than usual is recommended. You should start exercising well before the season starts. For exercises best suited to help you get in shape, consult a fitness expert or personal trainer.

Hitting the slopes

A beginning skier or snowboarder should get proper instruction from a certified instructor before hitting the slopes. Among other basic skills, it is necessary to know how to fall down and get back up. At the start of the season, even an experienced skier or snowboarder should take a refresher course—just to be safe.

After you have mastered the basic skiing and/or snowboarding skills, the learning process is not over. Knowing snow conditions and the time of day you are planning to ski are just as important. Check with the local Ski Patrol for conditions and study a map of the area you will be skiing or snowboarding. Keep in mind that late in the day sunlight may obscure details of the terrain and make obstacles hard to see. One of the most important safety rules is to never ski or snowboard alone!

Rules of the slopes

The following is a list of rules that all skiers and snowboarders should know and obey:

- When skiing or snowboarding downhill, give moving skiers and snowboarders below the right of way. You should be able to see them: they might not see you.
- Stop on the side of a run, well out of the way and in view of other skiers and snowboarders.
- Look both ways and uphill before crossing a trail, merging or starting down the hill.
- Use a safety device to prevent runaway equipment.
- Never ski or snowboard alone.
- Follow all posted signs and rules. Avoid closed trails and out-of-bound areas.
-

Selecting and caring for equipment

Always select and use quality equipment. Improperly fitted or mis-adjusted equipment can cause the best skier and snowboarder injury. When buying equipment ask for expert advice. A trained sales associate at a reputable ski and/or snowboard shop will be able to best assist you when purchasing equipment. If you own ski and/or snowboard equipment, have them checked for proper fit and adjustment periodically throughout the season.

Boots and bindings are the most important part of a ski or snowboard outfit. Boots should be snug and comfortable. Proper bindings are critical and should be check by a professional regularly to make sure they are working properly. When purchasing skis or a snowboard, be sure to select the length and style right for your height and skill level.

Proper clothing is also an important part of your equipment. Choose comfortable, warm attire. Dress in layers. Bright colors are the best because they can be seen at a great distance. Outerwear should be made of a fabric which will reduce sliding after a fall and be water repellant.

For the article above and other safety tips visit www.safetycouncil.com.

Happy Birthday to our Members:



Jude Gavin - February 24
Anne Nichols - February 25

Nominating Committee



The Nominating Committee members are:

Susan Fife, Chairman
Cynthia Andrachick
Marci Barrett
Vickie Huff
Chris Lipka
Gail McKenzie

Collect for Insurance Women

Marie K. Franzen
Ins. Women of Milwaukee

Take us, O God, under Thy Divine protection.

Make us to act as Thy messengers for peace and contentment, for harmony and understanding.

Grant that we may see more clearly the point of view of other men and women in all lines of insurance.

Realizing the highly competitive nature of our business, teach us to respect competition at all times.

Keep us free from pettiness and unwise discrimination. Let us do our work willingly, honestly and thoroughly, giving service graciously at all times.

Teach us, O Lord, to know and to realize that by Thy grace we can live in perfect peace with one another.

And grant that through this organization we may become closer in friendship and understanding.

AMEN.

Jobline Information

Victoria Lovinggood – Committee Chairman

KAERCHER CAMPBELL & ASSOCIATES
INSURANCE BROKERAGE

Technical Assistant (P&C) - individual must be proficient in Excel and Word, have excellent organizational skills, able to multi-task and work for various personalities.

Customer Service Representative (P&C) - individual must be hold a current CA broker license, have basic knowledge and use of Applied/TAM, commercial insurance experience required (minimum of 3-5 years), proficient in Excel and Word, have excellent organizational skills, able to multitask and work for various personalities.

Account Manager (P&C) - individual must be hold a current CA broker license, have extensive knowledge and use of Applied/TAM, commercial insurance experience required (minimum of 5-7 years), proficient in Excel and Word, have excellent organizational skills, able to multitask and work for various personalities.

Interested parties should contact Tia Porter, HR Director at KCAIB. Her direct fax # is 310 556-4783. Her direct telephone # is 310 556-4788.



Insurance Women of Los Angeles, Inc.

Affiliated with the National Association of Insurance Women (Int'l.)

www.insurancewomenla.org

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FEBRUARY DINNER MEETING

"LEGISLATION MONTH"


SEXUAL HARASSMENT TRAINING

Please join us as employment attorneys Paul F. Schimley and Richard C. Moore of Richardson & Harman, LLP, present on the topic of sexual harassment, including an update on training and education requirements.

Mr. Schimley is a partner with Richardson & Harman, LLP, and leads the firm's Labor and Employment Practices Division. Mr. Schimley concentrates his practice on employment and labor law with an emphasis on defense of wrongful termination, discrimination and harassment claims. He handles major litigation and administrative proceedings, and counsels employers with regard to employment practices.

Mr. Moore is a senior counsel with Richardson & Harman, LLP, in the Labor and Employment Practices Division. He has extensive experience in employment and labor law defense, business and real estate litigation and appellate work. His areas of concentration include defense of claims for wrongful termination, discrimination and harassment.

DATE: February 15, 2006
TIME: 5:30 p.m. Networking
6:15 p.m. Dinner
PLACE: Beverly Garland's Holiday Inn
4222 Vineland Ave.
North Hollywood, CA 91602
RSVP: Cynthia Andrachick
Cynthia_andrachick@acordia.com
(818) 464-9365
DEADLINE FEBRUARY 10TH



**START SAVING ITEMS LISTED BELOW FOR
THE IWLA SPRING BEAUTY DRIVE**

**At our March meeting
For the girls at AVIVA**

<http://www.avivacenter.org>

The girls at AVIVA are ages 13 to 18 and need your help.

Suggestions: buy a product with a promotional gift and donate the gift, or, save the tote(s) or make-up bag(s) from the promotional gift(s) and fill it with some items from the list below.

- **Bath gels**
- **Body splashes/sprays**
- **Fashion jewelry/little rings**
- **Hair clips/scrunchies**
- **Hair products**
- **Lotions**
- **Make-up (light colors only)**
- **Nail polish (light colors only)**
- **Manicure set**
- **Journals (special request)**

National Association of Insurance Women, International



California Council of NAIW

February 7, 2006

Dear Members:

I have truly been honored and excited to have served as the California State Director this year. I have had the opportunity to meet so many new people and reconnect with long time members. You have all welcomed me and given your input to help make my year a memorable one.

It is with both sadness and joy that I must resign in March as the current State Director. I have accepted a new job in Dallas, Texas and my family and I will soon be moving. Robin Fawkes, your current State Director-Elect, is ready and willing to step up to the plate a few months early. She and I have worked closely this last year and she has a very good handle on all current situations here. Please do not hesitate to contact her.

Your current State Council Members will continue their positions until July. They have done a wonderful job this term and I am so proud of all of them. I will miss working so closely with a great team.

Thank you for allowing me this opportunity and I hope to see all of you at future NAIW events. And don't forget to stay tuned to the State Website – www.cacouncilnaiw.com.

Respectfully submitted,

Eddie Wills, AAI, AIM, ASLI, CISR, CPIW
California State Director

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Cathryn Feely
 Vice President



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Marilyn Cartrett
 Assistant Vice President – Personal Lines

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