

# IWLA Cover Note

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Visit us on the web!

- [www.naiw.org](http://www.naiw.org) – our national page
- [www.cacouncilnaiw.com](http://www.cacouncilnaiw.com) – our state page
- [www.insurancewomenla.org](http://www.insurancewomenla.org) – our local page
- [www.inssfafa.org](http://www.inssfafa.org) – our national education foundation page

Insurance Women of Los Angeles  
 P.O. Box 481294  
 Los Angeles, CA 90048  
 Victoria Lovinggood, Editor



## President's Corner

*Cathryn Feely*  
 President



July was a busy month for IWLA. Old and new officers, in addition to our committee chairs, exchanged records and began to lay the groundwork for the 2005 – 2006 term.

On July 16<sup>th</sup>, Victoria Lovinggood, Marilyn Cartrett, Mitula Patel and I attended the California Council of NAIW Leadership Training Workshop in Long Beach. Eddie Wills, California State Director, conducted the workshop. Her theme for the year is “**Growth Through Involvement.**” It was very informative with interactive discussions and interesting presentations. Our own Mitula Patel, who is also serving as Communications Liaison/ Website on the California State Council, gave a presentation on **Nets & Webs 101** and included some illuminating graphics in our handbooks.

During the late spring and early summer, Carola Meister conducted Communicate with Confidence (CWC) classes that were attended by the following ladies:

- Marilyn Cartrett
- Christine Chandler-Tillett
- Susan Fife
- Lily Gastelum
- Victoria Lovinggood
- Deborah Paladino
- Mitula Patel
- Sherry Porter (Insurance Women of Ventura)

**Our congratulations to all of them for completing the course!**

At our July 20<sup>th</sup> dinner meeting, Carola conducted our CWC Speak-Off. Christine, Susan, Lily, Victoria, Deborah, and Mitula participated by giving a 3 minute prepared speech and a 1 minute impromptu speech. 3 judges were appointed to score the speakers. The judges were Marci Barrett, Margie Scott, and Pamela Heard.

Everyone gave excellent speeches and Christine was voted our CWC Speaker to represent IWLA at the State Conference in September. Deborah was voted first alternate and Susan was voted second

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## President's Corner

*Continued from page 1*

alternate. However, Christine is participating in the Avon Walk for Breast Cancer on September 17 and 18 and will be unable to attend the State Meeting in Fresno. Deborah Paladino will be our representative at the CWC Speak-Off at State. On behalf of IWLA, I would like to extend our heartfelt thanks to the contestants, Carola and the 3 judges for all their hard work.

Our meeting ended on a poignant note. It is with much sadness and great affection that we bid a fond farewell to Margie Scott. Margie has been a member of IWLA and NAIW for more than 2 decades and is relocating with her family to Missouri this month. Margie has been a mentor to many of us over the years and served in most of the leadership positions. She has always been an integral part of the fun stories that became legends at the State, Regional and National conferences. Her kindness, generosity and "shy" demeanor, left us with no choice-she had to be roasted before we let her go off to Missouri. Chris, Susan, Nancy, Mitula and the other members, all helped contribute to a memorable send-off. Margie- you will be greatly missed and we hope to hear from you once you're settled in.

With Margie's departure, we had 2 vacancies that needed to be filled. Marci Barrett will step in as a Director and Nancy Burgos will step in as Safety Chair. Thank you ladies.

Victoria- I would like to extend my compliments on the new Cover note format.

Please remember to take care of your registration and hotel reservations for the State Meeting on September 16 and 17 at the Radisson Hotel & Conference Center in Fresno, CA.

In fellowship,

Cathryn Feely, IWLA President

### Job Line



Please check our website for updated information at [www.insurancewomenla.org](http://www.insurancewomenla.org) or contact Victoria Lovinggood.

### Member Updates

Member Updates is a column to spotlight the accomplishments of our members. If you have received a promotion or a new designation you wish to share, please contact editor Victoria Lovinggood so that your accomplishments can be included in the newsletter.

### Congratulations!

Mitula Patel, who is continuing her role as Communications Liaison for the CA Council of NAIW.

## Calendar of Events



**Monday, August 1, 2005**

DUES NOT RECEIVED ARE DELINQUENT

**Thursday, August 25, 2005**

Inroads e-mailed

**Wednesday, August 31, 2005**

MEMBERSHIP DROPPED FOR MEMBERS WITH UNPAID DUES AFTER 4:30 P.M. CST

The *NAIW Connections* mailed to all members

**Wednesday, September 14, 2005**

IWLA Board Meeting

**Friday - Saturday, September 16 – 17, 2005**

CA State Council Meeting, Fresno, CA

**Wednesday, September 21, 2005**

Dinner Meeting (Please contact Cynthia Andrachick at 818-464-9365 for more information)

4222 Vineland Ave, North Hollywood, CA

## Covernote Reminder

All submissions for the September Covernote are due no later than Monday, August 29, 2005 to the editor.



## Collect for Insurance Women

*Marie K. Franzen*

*Ins. Women of Milwaukee*

Take us, O God, under Thy Divine protection.

Make us to act as Thy messengers for peace and contentment, for harmony and understanding.

Grant that we may see more clearly the point of view of other men and women in all lines of insurance.

Realizing the highly competitive nature of our business, teach us to respect competition at all times.

Keep us free from pettiness and unwise discrimination. Let us do our work willingly, honestly and thoroughly, giving service graciously at all times.

Teach us, O Lord, to know and to realize that by Thy grace we can live in perfect peace with one another.

And grant that through this organization we may become closer in friendship and understanding.

AMEN.

**THE 2005 – 2006 IWLA BOARD AND COMMITTEE  
CHAIRMEN**

**EXECUTIVE BOARD**

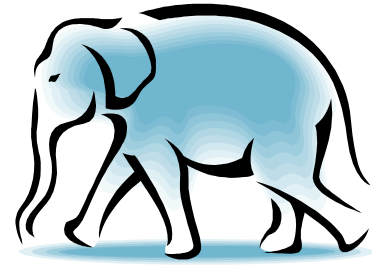
President: Cathryn Feely  
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Vice-President: Mitula Patel  
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Covernote Editor: Victoria Lovinggood  
Immediate Past President: Susan Fife, CPIW,  
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Directors: Cynthia Andrachick, CPIW  
Vicki Huff  
Darlene "Chris" Lipka  
Marcie Barrett

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Arrangements: Cynthia Andrachick, CPIW  
Audit: Susan Fife, CPIW, CPCU, AAM, AIS,  
AIM, DAE  
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Bylaws: Mitula Patel  
Community Action: Rhea Meshekow  
Education: Andrea Gable-Setterstrom  
Marion Graham  
Finance: Christine Chandler-Tillett  
Jobline: Victoria Lovinggood  
Legislation: Marcie Barrett  
Membership: Marilyn Cartrett  
Programs: Darlene "Chris" Lipka  
Margie Scott  
Public Relations: Lily Gastelum, CISR  
Safety: Nancy Burgos  
Website: Mitula Patel  
Secret Pal: Vickie Huff



**Upcoming Event at our  
September Dinner Meeting**



**White Elephant Mystery Silent  
Auction**

Ever get a wonderful gift and you  
have no idea what to do with it?

Now is your chance to help IWLA by  
donating it for a fun fundraiser.

Bring your unused wrapped gift to  
the September Dinner meeting.

Wrap your gift to attract the highest  
bid.

Eye catching \* Tempting \* Unique \*  
Mysterious

Come join us in the fun of bidding  
on the unknown.

Brought to you by the Finance  
Committee chaired by Christine  
Chandler-Tillett

**Welcome Letter to Region VIII Members  
From  
Region VIII Vice President  
Michele L. Epstein, AAI, AIS, ACSR, CISR,  
CPIW, DAE  
July 7, 2005**

Dear Members of Region VIII:

Welcome to the 2005-2006 year for NAIW, Intl! I can only begin to tell you all how excited and honored that I am to be your Regional Vice President and your link to the National Board of Directors. I know that your State Directors are as excited and as honored as I am. I know that we can rely on the members of Region VIII for enthusiasm and support.

My theme for this year is "POWER" Professional Organization Working (at) Education (and) Relationships. Looking at the sides of the NAIW triangle, my theme and goals will coincide with the goals and mission of our association.

By now, you have heard from your State Directors with information from our National President, Joanna Mahoney, which provides her theme, her goals and aspirations for the year. Please know NAIW is all about you the member. Your input is invaluable to me and to the entire Leadership team. Share the accomplishments of your state, your local association and your members. Achieved a new designation? Did your local association have a terrific fundraiser? Let your State Director know. Let's all celebrate our successes and work together to overcome your challenges. Your State Directors will be sending me information to share with you in our Regional Newsletters.

I am looking forward to seeing all of you at your upcoming State Meetings and plan now to attend Regional Conference in Las Vegas!

In fellowship,

**Michele**

## Community Action

### "Back to School Supply Drive"

Our community action project for September is a "Back to School Supply Drive" for Hillsides. Please find it in your hearts to pick up as many items as you can from the list below and bring it all to the September meeting (lots of back to school sales are going on right now). Check out their website, [www.hillsides.org](http://www.hillsides.org), for a detailed look at this wonderful organization. A representative from Hillsides will come to our meeting and tell us about the organization and pick up the school supplies.

- |                         |                     |
|-------------------------|---------------------|
| 3-Ring binder           | Scissors (no point) |
| Backpack                | Compass             |
| Pencil Box              | Protractor          |
| Pencil Pouch            | Erasers             |
| Ring Binder Dividers    | Pencils (all kinds) |
| Loose Leaf Paper – Wide | Pens                |
| Markers                 | Crayons             |
| Solar Calculator        | Dictionary          |
| Thesaurus               | Combo Lock          |
| Notebooks – Wide        | Folders             |
| Construction Paper      | Glue(sticks OK)     |
| Rulers                  |                     |

Any other school supplies that looks inviting to children and teens.



# Safety News – Hiking

Nancy Burgos, Safety Chairman



Safety is important whether you are day hiking or winter backpacking. Proper planning, preparation, proper clothing and taking appropriate gear along are essential to a safe and enjoyable excursion.

- ✦ **Before you leave plan ahead.** Learn about the area ahead of time. Study the latest guidebooks and maps that give information on highways, trails, streams and other physical features. Plan your trip carefully according to routes and the time you have available. Check weather reports before you set out.
- ✦ **Prepare yourself physically.** If your planned recreation calls for considerable physical exertion, get in shape beforehand. Do not attempt a trip that is beyond your physical capabilities.
- ✦ **Leave word of your destination and schedule.** In order to locate you in an emergency or send assistance should you need it, leave word at home or with a friend as to where you are going and when you intend to return.
- ✦ **Know the rules and guidelines** for appropriate behavior for the area you are visiting.

## *On the Trail*

- ✦ **Dress appropriately** for the season and where appropriate hiking shoes or boots. Layered clothing is best to meet changing weather conditions. If cool or wet conditions can be expected it is recommended that you avoid cotton clothing, which insulates poorly when wet and dries very slowly.
- ✦ **Carry a compass** and a topographic map of the area and know how to use both.
- ✦ **Take along appropriate equipment and supplies.** A day pack containing rain gear, extra warm clothing, high energy food, water, first aid kit, pocket knife, whistle and matches in a waterproof container are recommended. Sunglasses and insect repellent are also handy.
- ✦ **Do not drink water from ponds or streams** unless you have treated it first by boiling, filtering or using purification tablets.
- ✦ **You should sign in at any Department of Environmental Conservation** trail register you may pass. This will assist in finding you should the need to search for you arise.